## DISHES AND THEIR ALLERGEN CONTENT - SOUP

| DISHES |  |  |  |  | $\underbrace{30}$ |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide/Sulphites >10ppm |
| LENTIL SOUP | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| LEEK \& POTATO SOUP | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| MEXICAN BEAN SOUP | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| TOMATO \& BASIL SOUP | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CREAM OF BROCCOLI SOUP | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| MINESTRONE SOUP | $\checkmark$ | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| VEGETABLE BROTH | $\checkmark$ | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| SWEETCORN \& NOODLE SOUP | $\checkmark$ | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |
| CAULIFLOWER SOUP | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ROASTED RED PEPPER SOUP | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| YELLOW SPLIT PEA soup | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CARROT \& CORIANDER SOUP | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Review date: | $1{ }^{\text {st }} \mathrm{Nov}$ | mber 2023 |  | Review | d by: Iai | n Calder |  |  |  |  |  | Food Standards Agency food.gov.uk | You ca includin www.fo | find this template, more information at od.gov.uk/allergy |

## DISHES AND THEIR ALLERGEN CONTENT - SNACKS

| DISHES |  |  |  |  | $\underbrace{\text { n/III }}$ |  |  |  | Eustrate |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | $\begin{gathered} \text { Sulphur } \\ \text { Dioxide/Sulph } \\ >10 \mathrm{ppm} \end{gathered}$ |
| HALLOUMI FINGERS |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| LOADED SKINS |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| SAUSAGE ROLL |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |  | $\checkmark$ |
| BREADED MUSHROOMS |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| PUFF STEAK PIE |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| mozzarella sticks |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |
| THIN SMASHED cheeseburgers |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |
| NACHOS |  |  |  |  | - |  | $\checkmark$ |  |  |  |  |  |  |  |
| VEGAN Slice |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| TANDOORI CHICKEN KEBABS |  |  |  |  | - |  | $\checkmark$ |  |  |  |  |  |  |  |
| HOT DOG |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| VEGAN SAUSAGE ROLL |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |
| LOADED FRIES |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |


| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide/Sulp >10ppm |
| SPRING ROLL LARGE |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |
| SCOTCH PIE |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |
| BUTTERMILK CHICKEN WINGS |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  | $\checkmark$ |
| PULLED PORK CROQUETTE |  |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |
| CHICKEN PAKORA |  |  |  |  |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |
| COUS COUS STUFFED PEPPERS | $\checkmark$ | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| VEGETABLE PAKORA |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  | $\checkmark$ |  |
| MACARONI PIE |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |
| MUSHROOM PAKORA |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Review date: | $1{ }^{\text {st }}$ Novem | r 2023 |  | viewed | : Iain C | der |  |  |  |  |  |  | find this temp more inform d.gov.uk/alle | late, ation at gy |

## DISHES AND THEIR ALLERGEN CONTENT - MAIN COURSES

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | ```Sulphur Dioxide/Sulphites >10ppm``` |
| PORK SCHNITZEL | $\checkmark$ | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |
| VEGAN KATSU CURRY |  | $\checkmark$ |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |
| HUNTERS CHICKEN |  |  |  |  |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |
| STEAK PIE | $\checkmark$ | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| MACARONI CHEESE |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |
| VEGETABLE CURRY |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| PIRI PIRI CHICKEN BREAST |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| PIRI PIRI CHICKEN LEGS |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| BEAN BURRITO | $\checkmark$ | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| SOUTHERN FRIED CHICKEN WITH SALSA |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| BUTTERMILK CHICKEN BURGER |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| SWEET POTATO BURGERS |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |
| DEEP FRIED HADDOCK |  | $\checkmark$ |  | $\checkmark$ | $\checkmark$ |  |  |  | $\checkmark$ |  |  |  |  | $\checkmark$ |


| DISHES |  |  |  |  | $\underbrace{\circ}$ |  |  |  | $\square$ |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide/Sulphites $>10 \mathrm{ppm}$ |
| CUMBERLAND SAUSAGE IN ONION GRAVY | $\checkmark$ | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |
| GRILLED HALLOUMI |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| CHICKEN TIKKA MASALA |  |  |  |  |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |
| beef madras | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |
| CHICKPEA \& SPINACH CURRY |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |
| CHICKEN KATSU |  | $\checkmark$ |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |
| VEGAN bean chilli | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CHICKEN PIE | $\checkmark$ | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| CAJUN CHICKEN \& PINEAPPLE SALSA |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| MUSHROOM RAGU | $\checkmark$ | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |
| CHICKEN CURRY |  | $\checkmark$ |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |
| SWEET \& SOUR PORK |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  | $\checkmark$ |
| Vegetable stir fry | $\checkmark$ |  |  |  |  |  |  |  |  |  |  | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| stovies | $\checkmark$ | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |


| DISHES |  |  |  |  | $=\underbrace{\text { till }}$ |  |  |  | $\square$ |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide/Sulphites <br> >10ppm |
| STUFFED PEPPERS | $\checkmark$ | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| STEAK \& SAUSAGE PIE | $\checkmark$ | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |
| FISH PIE |  |  |  |  | $\checkmark$ |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |
| VEGAN POT PIE | $\checkmark$ | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| beef lasagne | $\checkmark$ | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| CHICKEN BALMORAL | $\checkmark$ | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| VEGAN SAUSAGE CASSEROLE | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ | $\checkmark$ |
| SAUSAGE \& ONION GRAVY | $\checkmark$ | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |
| PAPRIKA CHICKEN | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| LENTIL \& VEG COTTAGE PIE | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| GREEK MARINATED CHICKEN BREAST |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| SPINACH FILO TART |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |
| MEDITERRANEAN BAKED HADDOCK |  |  |  | $\checkmark$ | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |
| CHICKEN DIANE |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  | $\checkmark$ |



## DISHES AND THEIR ALLERGEN CONTENT - SIDES

| DISHES |  |  |  |  | $\underbrace{\text { n/III }}$ |  |  |  |  |  |  |  | $08$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide/Sulphite $>10 \mathrm{ppm}$ >10ppm |
| RICE |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| SPAGHETTI |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| SPICED WEDGES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| MASHED POTATO |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| GARLIC bread |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| PEAS |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| BASMATI RICE |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| MEXICAN RICE | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| PIRI SEASONED FRIES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CORN ON THE COB |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| SOUTHERN CHICKEN GRAVY |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| SKINNY FRIES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CAULIFLOWER CHEESE |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |


| DISHES |  |  |  |  | 苍 |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide/Sulphite >10ppm |
| SWEETCORN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| PILAU RICE | $\checkmark$ |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |
| FLATBREADS |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| GARLIC GREEN BEANS |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| BROCCOLI FLORETS |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ROAST POTATOES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| GARLIC \& HERB WEDGES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CARROTS |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| FRIED RICE | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |
| ASIAN KALE |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |
| GARLIC \& ROSEMARY ROAST POTATOES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| MUSHY PEAS |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| GREEN BEANS |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| BABY BOILED POTATOES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |


| DISHES | 16 |  |  | $\sqrt[n]{n}$ | 毛 | 里药 |  |  | 0 |  | ospo |  | $088$ | 5 只 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Celery | $\begin{gathered} \text { Cereals } \\ \text { containing } \\ \text { gluten } \end{gathered}$ | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide／Sulphites $>10 \mathrm{ppm}$ |
| caulflower |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| red cabbage |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |
| SAVoury rice | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| roasted root veg |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| mediteranean GRILLED VEG |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |
| Parsiley potatoes |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| glazed carrots |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| bbabeans |  |  |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |
| Review date： | $1{ }^{\text {st }} \mathrm{N}$ | ember 202 |  | Review | d by：Ia | Calder |  |  |  |  | (IIN) | $\begin{aligned} & \text { odd } \\ & \text { nedards } \\ & \text { nency } \\ & \text { ofowul } \end{aligned}$ |  | template， formation at ／allergy |

## DISHES AND THEIR ALLERGEN CONTENT - DESSERTS

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide/Sulphites >10ppm |
| BROWNIE |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| STICKY TOFFEE PUDDING |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| KEY LIME PIE |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| APPLE PIE AND CUSTARD |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| NEW YORK CHEESECAKE |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| FRUIT CRUMBLE |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| BLUEBERRY CHEESECAKE |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| BREAD \& BUTTER PUDDING |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |
| BUTTERSCOTCH MOUSSE |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| LEMON TART |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  | food.gov.uk

You can find this template, including more information at www.food.gov.uk/allergy

