



## **Free Provision of Period Products**

### **Statement of Intent: Period Products (Free Provision) (Scotland) Act**

In a bid to end period poverty, Forth Valley College has provided access to free period products since 2018 through our Period Dignity campaign. Our aim is to support equality, dignity and the rights for those who menstruate and to ensure that there is no negative impact to a student's education.

#### **Statement**

Forth Valley College is highly committed to the provision of free period products through funding from the Scottish Government and in partnership with Hey Girls.

Forth Valley College believes that education should not be negatively impacted by period poverty. We aim to provide a range of products to support equality, dignity and the rights for those who menstruate by ensuring all our students have easy access to the products they need.

To do this, we will:

- Provide a range of free and accessible sanitary products, across all campuses throughout the year
- Ensure our range of products will offer a choice of single use and re-usable products
- Regularly review the range of period products and our methods of provision
- Provide health and wellbeing information about the symptoms of periods and the menopause

#### **Consultation**

Our period dignity campaign encourages feedback from students, staff and key stakeholders to ensure the available products are accessible.

We invited all staff and students to complete an online survey that was carried out between September and November 2021. We received 20 responses and acknowledge this is a low response rate.

#### **Key Survey Responses**

##### **Usage**

70% of students had accessed the period products

##### **Preferred method of access**

57% of students accessed products on campus

43% of students used the home delivery service

##### **Types of Products obtained**

Sanitary Pads 44%

Tampons 28%

Menstrual Cups 6%

Reusable Pads 22%

Feedback on improvements to the product availability and the methods of provision will be used for future planning and improvements. Further consultations will be carried out on a regular basis.

### **Available Products**

Based on demand and consultation, we will provide a range of products, including:

- Disposable pads and tampons
- Re-usable products, including menstrual cups and pads

All products will be offered in various locations on campus and available to order on-line.

### **Communications**

We will continue to raise awareness of our Period Dignity Campaign through social media, our website and student e-zines.