

# in touch

BUSINESS NEWSLETTER

ISSUE

03

JULY 2015

## FVC delivers another successful Scottish Modern Apprenticeship Week

**INSIDE:**

- > The digital revolution: Can you afford not to get involved?
- > Helping your business meet food hygiene legislation
- > First ever TOUR Event at FVC

FVC  
Business

# WELCOME...

## to the latest issue of **intouch**

Forth Valley College's magazine for the business community. Discover all the latest news from the College, course features and details on forthcoming training courses.

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Exclusive **intouch** discount

## EMPLOYER ENGAGEMENT SURVEY

Forth Valley College is currently inviting employers to complete a short survey and play a key role in shaping future services and engaging in the new Falkirk campus development.

Feedback received from employers will be used to develop existing services and identify new opportunities as part of the College's ongoing commitment to delivering the skills and training required by industry and to ensure our new campus meets the needs of our employers.

To ensure your business needs are taken into consideration please visit:

[www.surveymonkey.com/r/FVCEmployerSurvey15](http://www.surveymonkey.com/r/FVCEmployerSurvey15)

to complete the survey.

Responses required

by 31 August.

THANKS  
FOR YOUR  
CONTINUED  
SUPPORT

## NEW FALKIRK CAMPUS ARCHITECTS APPOINTED

Forth Valley College has appointed award winning Reiach and Hall as architects on the new £70million Falkirk Campus.

After a competitive tender process the Edinburgh based firm were confirmed as the best choice to complete Forth Valley College's estates programme.

Construction work is due to start in spring 2017 and the college is expects to welcome the first students through its doors in August 2019.

Reiach and Hall also designed the College's Alloa and Stirling Campuses.

## FVC OUT AND ABOUT

### Stirling Careers and Jobs Event

The FVC Business Development Team attended the annual Stirling Careers and Jobs Event held in the Albert Halls on Thursday 14 May offering advice on education and training available at the College. Organised by STEP Stirling, this event was aimed at those who are considering a change of career, looking for work, facing redundancy, leaving school, college or university or wanting to start their own business.

### Falkirk Business Day

The FVC Business Development Team also attended Falkirk Business Day at Falkirk Town Hall on Wednesday 3 June to promote commercial and full-time courses. Organised by Stark Events, Falkirk Business Day is for the Forth Valley Business Community and offers an informative and interactive exhibition as well as opportunities to network with businesses from all industry sectors.

The £21 million Alloa Campus was one of only 18 winners at the inaugural Royal Incorporation of Architects in Scotland (RIAS) Awards in June 2012. The judges selected the building from a long-list of 71 submissions and a short-list of 23 projects.

Both Forth Valley College's stunning new state-of-the-art campuses stood out from 263 entries at the 2013 Civic Trust Awards and were among only 32 prize-winners - and only four from Scotland - to be presented with an award.

The £29 million Stirling Campus also won the Special Award for Scotland with the Civic Trust Awards National Panel choosing it as an exemplar project from that year's crop of Scottish Winners. The Stirling Campus also collected both an RIAS award and an RIBA National Award in 2013.

# MINISTER STEERS PUPILS TOWARDS ENGINEERING CAREER

Education Secretary Angela Constance found out what gets the minds of young engineers whirring on Monday 18 May when she joined Forth Valley College's Engineering Experience at The Falkirk Wheel.



As part of Scottish Apprenticeship Week 2015, the Scottish Secretary observed how the College event inspired local school children on the various pathways into the engineering sector - locally and nationally - so they can decide whether it is something they want to pursue.

A total of 36 pupils from Airth, Carmuir, Comely Park, Hallglen, Kinneil, Stenhousemuir and Wallacestone Primary Schools all from the Falkirk area took part in a 'Guess the Engineering Specialism' interactive activity, posed questions about how to become an apprentice to current FVC Engineering Modern Apprentices (MAs) and chatted with the Education Secretary.

The pupils were also treated to a boat trip on The Falkirk Wheel and a talk on mechanics, before enjoying lunch at the popular tourist attraction. In the afternoon the group were whisked away to the Grangemouth petrochemical complex where they were given a tour of the INEOS exhibition centre. The youngsters completed their day-trip with a tour of Forth Valley College's state-of-the-art £1.2 million engineering workshops and facilities at their Falkirk Campus.

Ms Constance said: "The opportunities for people with engineering skills are incredible and varied. Without the expertise of people designing, building and maintaining machinery, equipment and infrastructure, our society and economy would simply cease to function.

"Standing in the shadow of an incredible engineering achievement like The Falkirk Wheel it is easy to be inspired, to think about whether engineering is something that you have an interest in or the skills to succeed in. The FVC Engineering Experience allows Falkirk pupils to recognise the opportunities there are out there if they follow this path. What is so important is that it shows how accessible it is, right here, to all of these girls and boys and not some distant or impossible path to take.

"All across the country apprentices are using their engineering talents to learn skills while they work in some of the biggest names in aeronautics, automotive and energy industries. Scottish Apprenticeship Week 2015 is about showcasing the huge contribution modern apprentices make to these businesses and industries and the value the programme brings to employers and to young people's own job prospects."

Dr Ken Thomson, Principal of Forth Valley College, said: "I am delighted that the Education Secretary visited our event to see how we hope to inspire the next generation of engineering professionals. What better place than the spectacular Falkirk Wheel - which is a superb testament to Scottish engineering expertise - to show how Forth Valley College helps to inspire youngsters in the Forth Valley area.

"As one of the biggest trainers of Modern Apprentices in Scotland, Scottish Apprenticeship Week is a very important event in the academic calendar for Forth Valley College. We are very proud of the range and quality of MAs that we train from day to day and we are always looking to encourage even more businesses in Central Scotland to consider the benefits of taking on more apprentices."

Visit [business.forthvalley.ac.uk/ma\\_week\\_2015](http://business.forthvalley.ac.uk/ma_week_2015) to watch our video of the day





## MA WEEK

### TWEETS OF THE WEEK

**Angela Constance**  
**@AConstanceMSP**

A fun visit to @FalkirkWheel for #ScotMAWeek2015 - big thx to @FVCollege & to the P7s finding out about engineering

**INEOS\_Grangemouth**  
**@INEOS\_Comms\_GM**

Looking forward to visit from P7 pupils to INEOS GM to learn about engineering opportunities and apprenticeships @FVCollege #ScotMAWeek15

**LornshillCareers**  
**@Aspire360**

@Lornshill @FVCollege exciting we are all at MA showcase dinner hearing lots about apprenticeships

**Forth Valley College**  
**@FVCollege**

Really busy recruitment event @ FVCollege as part of #ScotMAWeek15 - Thanks to everyone who came along - great night!

**Steve Dougan,**  
**Opportunities for All Co-ordinator**  
**@georgeville**

Thank you so much @FVCollege for providing such fantastic events for Falkirk/Stirling/Clacks young people as part of #ScotMAWeek15.



## COLLEGE SERVES UP INFO ON MAs

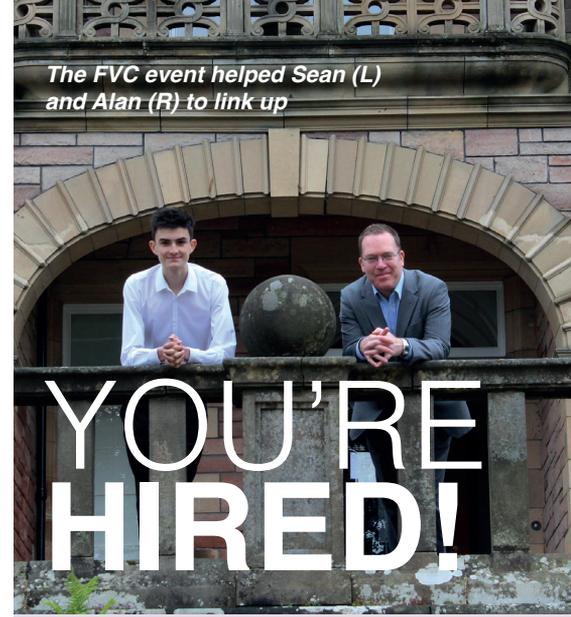
Secondary school pupils from across the Forth Valley area were invited to an exciting MA Showcase Dinner Event during Scottish Modern Apprenticeship Week 2015.

Those attending the event sat down to a three course meal at The Gallery Restaurant located in the College's Stirling Campus whilst gaining an insight into Modern Apprenticeships.

They were also able to hear about the experiences of current students and find out more about applying for MAs available at Forth Valley College



Visit: [business.forthvalley.ac.uk/ma\\_week\\_2015](http://business.forthvalley.ac.uk/ma_week_2015) to watch all the highlights from our MA Week!



# COLLEGE PROMOTES MAs IN ALLOA

Forth Valley College held two events at their Alloa Campus during Scottish Apprenticeship Week 2015 (18 - 22 May) in order to boost apprenticeships across the Forth Valley area.

Local employers were invited to clinics during the day in order to find out more about the advantages of Modern Apprenticeships (MAs) and how to start the process of taking on an apprentice.

The College also held a recruitment event in the evening aimed at those seeking an apprenticeship. A range of employers were in attendance to promote their current vacancies and provided advice on applying for an apprenticeship. These included INEOS, SDS, Robertson Group Limited, Standard Life, Job Centre Plus Alloa, Clackmannanshire Council, Inglewood House Hotel & Spa, NHS Forth Valley, Prudential, Ceteris, Train'd Up Ltd, Army Careers and Careline Home Support.

Forth Valley College worked with a range of partners to deliver these events including Ceteris (Scotland) Ltd, the Stirling Local Employability Partnership and Clackmannanshire Council.

Dr Ken Thomson, Principal for Forth Valley College said:

"Forth Valley College is one of Scotland's leading providers of Modern Apprenticeships and Scottish Apprenticeship Week offers the perfect opportunity to highlight the benefits of MAs to both employers and individuals.

"Our employer clinics were aimed at local businesses who are currently considering taking on an apprentice but unsure if it was the right decision. We worked with a range of partners to showcase the benefits the qualifications can offer from bespoke frameworks tailored to your business needs to reduced training and recruitment costs. The sessions also covered vital information such as funding available and how to start the process. The feedback from the employers attending was very positive and we hope we've encouraged them to employ an apprentice in the future.

"Our open event was also popular with around 200 people turning up to find out more about local apprenticeship opportunities. More and more people are recognising the benefits of undertaking an apprenticeship - from receiving professional training whilst earning a wage and also getting help and support from both your employer and the College. Hands on, practical learning is also a really big pull for many people. We've been delighted with the response to the event and wish those pursuing an apprenticeship every success for the future."

Local MSP Keith Brown said:

"I'd like to congratulate Forth Valley College for the work they do to support apprenticeships and for holding these events during Scottish Apprenticeship Week.

"Modern Apprenticeships are a key way to support young people into sustainable and rewarding careers while contributing to the skills needs of our local businesses.

"I very much hope the businesses who attended the event found it useful and I would encourage them to consider offering an apprentice opportunity to a local young person."

The recruitment evening at our Alloa Campus was the perfect place for the launch of a new career and an opportunity for Clackmannanshire's newest hotel, restaurant, spa and function venue to hire a new employee.

Sean Powrie (17) from Devonside, Clackmannanshire, was hoping to find out more about what types of Modern Apprenticeships (MAs) were available when he visited Forth Valley College's MA Recruitment Evening.

But by a happy coincidence Alan Fry the general manager of the soon to be launched Inglewood House and Spa in Alloa - where Sean had recently worked some casual waiting shifts - was present at the event, and the teenager plucked up the courage to ask if he would take him on as a full-time MA.

Former Alva Academy pupil Sean, said: "I had helped Alan out with some weekend shifts serving meals, but hadn't really considered hospitality as a career until I saw him at the MA Recruitment Evening and I asked him if he would take me on full-time.

"Fortunately he said yes and I am delighted to have it all tied up and can't wait to get started as I like the idea of the MA Programme."

General Manager Alan Fry, said: "I am always looking for reliability, eagerness, and a willingness to learn something new in my employees and Sean certainly has the correct attitude that we require.

"I was impressed with how Sean approached me at the MA Recruitment evening and told me he would like to become an MA with Inglewood House and I was happy to offer him the chance to do it.

"I really enjoyed the event itself, it was a great networking opportunity for us and we spoke to a few interested people on the night. We are very happy with the link up we now have with Forth Valley College and it is great that Sean can be monitored here in the workplace as he completes his apprenticeship."

**For more information on Modern Apprenticeships at Forth Valley College contact [business.development@forthvalley.ac.uk](mailto:business.development@forthvalley.ac.uk)**



## COURSE SPOTLIGHT: NEBOSH NATIONAL GENERAL CERTIFICATE

The NEBOSH National General Certificate in Occupational Health and Safety is a globally recognised health and safety qualification held by more than 175,000 people in the UK and worldwide.

This course is for managers, supervisors and non-safety specialists with health and safety responsibilities who require knowledge and a recognised qualification in occupational safety and health.

Many larger organisations choose the NEBOSH National General Certificate as a key part of their supervisors' or management development programme. By ensuring that line managers have a sound understanding of the principles of risk management they build an effective safety culture in the company. Smaller organisations, operating in lower risk environments, often choose the NEBOSH National General Certificate as the appropriate qualification for manager taking the lead on health and safety issues.

For details on upcoming courses, please visit the course listing on page 12.

# JUNE SAVES THE DAY

## A FORTH VALLEY COLLEGE HEARTSTART COURSE GRADUATE HAD TO SPRING INTO ACTION TO SAVE A WOMAN FROM CHOKING RECENTLY.

For more information on upcoming Heartstart and First Aid courses, **please check our course listing on page 12**

June Duvall from Redding in Falkirk, an administrator at the College, used the skills she learned on the free British Heart Foundation (BHF) Scotland course to save her friend's mum who started to choke.

June said: "I visited a friend and the family were sitting down to fish and chips. After a few minutes her elderly mother started choking and gasping. It became apparent that the food was not going to dislodge itself and everybody just froze. But training really counts in these sorts of situations and I then performed an abdominal thrust manoeuvre.

"I had been taught this by trainer Ann McInnes at the Heartstart course during the College's staff development week back in February. I thought Ann was excellent at demonstrating the various steps you go through to perform CPR and also how to deal with choking incidents.

"I would recommend that everyone signs up for this British Heart Foundation Heartstart course."

Heartstart trainer Ann McInnes who works as a Learner Development Worker and a First Aider in the College, said: "I am so proud of June. It also shows how relevant and important staff development training can be as this was the first time we had offered Heartstart training."

Richy Todd FVC's Senior First Aid Trainer, who recently took delivery of three new choking simulation vests, said: "June did really well and we are very proud of her. The skills learned on the free Heartstart and other more intensive first aid courses that we offer at Forth Valley College will help save lives - there is no doubt about it.

"Since we started the BHF Scotland Heartstart course about two years ago there have been at least two occasions where they have helped save a life and this shows how effective these simple techniques can be.

"We are always looking to improve our training methods and have just acquired three new choking simulation vests. These will make it much, much easier to teach the skills that can help make all the difference in a life and death situation."



June (Left) practices her skills on Trainer Richy Todd. Anne McInnes, Heartstart Trainer is also pictured.

# TOUR at FVC

TRAINING OPPORTUNITIES  
FOR UNDERTAKING RESETTLEMENT



THIS WAY



# FVC ON A MISSION TO HELP RESETTLEMENT

Forth Valley College's first ever  
armed forces resettlement event  
- **TOUR at FVC** -  
took place at the Falkirk Campus  
recently and was a great success.



Around 40 ex-servicemen and women came along to learn more about the training opportunities available at the College and to hear from guest speakers Major Eugene Maxwell (51st Brigade), Duncan McIntosh (INEOS), Graham Corr (SPEN) and the College's very own Veterans Champion, Richy Todd.

The Training Opportunities for Undertaking Resettlement (TOUR) showcase also offered those who are just about to leave the forces or have recently left - as well as anyone who had completed any military service whatsoever - the chance to take a new career path through funding they are entitled to, but might not have made use of.

The event also highlighted help and support available to former forces personnel from various agencies and charities - such as Armed Services Advice Project (ASAP), Poppy Scotland and Help For Heroes - and provided them with valuable networking possibilities through presentations from potential employers including INEOS, Police Scotland and Scottish Power. Those attending were also treated to a buffet and a tour of the College facilities.

Army veteran Colin McMurray from Alloa, said: "This event really is fit for purpose. I have been to other events which had no support or info for ex-services personnel. On the whole this seems pretty decent."

Amanda Jane Shannon from Glasgow who also recently left the Army said: "As soon as I heard about the Forth Valley College TOUR event I jumped at the chance to come along. There is a lot of important information here to help ex-forces people to take the next step."

Kerry Riddock - also ex-army - from Glasgow, said: "I want a career in close protection. A lot of people don't know what to do when they come out of the forces, an event like this helps to show where to start."

Charlie McFarlane, Support Officer from the Armed Services Advice Project, said: "This was a very worthwhile event. FVC staff welcomed the veterans and directed them to the stalls and information stands they wanted to visit and that broke the ice, it was very engaging and has certainly been a result for us."

Richy Todd is FVC's Senior First Aid Trainer and the College's Veterans' Champion. He said: "The feedback from those attending has been good and we are very pleased with how the event went. We are confident we can build on this initial success to improve on the format to make it even more appealing and useful to former servicemen and women."

**For more information on training opportunities available please visit our website at: [business.forthvalley.ac.uk](http://business.forthvalley.ac.uk) or email: [business.development@forthvalley.ac.uk](mailto:business.development@forthvalley.ac.uk)**

The explosive growth in digital media and new technology over the past few years has changed the way businesses across the globe communicate with their customers.

All organisations - big and small - now need to be able to engage with customers across a range of digital media platforms in order to survive. Employers are also increasingly realising the benefits of having these abilities in house with digital media skills no longer exclusively required by those working in media outlets or agencies.

Multi-skilled individuals who can work across different digital media platforms and who have the knowledge and expertise to spot new opportunities in a rapidly changing industry will be vital to the success of any business in the future.

With this in mind, Forth Valley College is encouraging employers across the local area to consider taking advantage of their new Modern Apprenticeship in Creative and Digital Media.

The 36 week programme has been developed to help businesses harness the power of digital media and use it to their advantage.

With content focused on helping businesses to stand out in an increasingly competitive and fragmented marketplace, the programme will develop a range of skills including creating online content, writing for print and producing video and audio material.

It will also cover essential knowledge such as media regulations and copyright law.

Those undertaking the course will attend the College's state-of-the-art Stirling Campus one day per week and will benefit from industry standard facilities and studios. The programme will also be delivered by a team of highly talented staff with vast industry experience.

The programme may be suitable for current employees interested in a development or progression opportunity who would benefit from adding a digital dimension to their role or it could also be the perfect solution for those working in a digital media role who are seeking a formal qualification.

Alternatively, if businesses identify the need for a new role within their organisation, the College will be able to help source a suitable candidate.

Zak Stark, Business Development Manager at Forth Valley College said:

"Digital savvy employees are a valuable asset for any business. The programme will develop the skills to ensure powerful customer engagement and enhanced customer experiences. Businesses could increase brand awareness, grow their online presence, website traffic, online conversions and more.

"The Modern Apprenticeship route is also an increasingly popular choice for employers. Apprentices have expert knowledge of your business and can bring added value whilst also gaining an industry standard qualification.

"With the growth in digital media expected to continue, the programme offers the potential for significant return on investment. It's simply an area that businesses can't afford to ignore."

**Would you be interested in taking advantage of this opportunity?**

Please contact Vicki Francis on: **(01324) 403140** or email: **vicki.francis@forthvalley.ac.uk** for further details.

# THE DIGITAL REVOLUTION... CAN YOU RISK NOT GETTING ON BOARD?

# IMPROVEMENTS TO FOOD HYGIENE STANDARDS ON THE MENU AT FVC

Forth Valley College is on a mission to help businesses and organisations which prepare and serve food to raise the standards of Scottish food hygiene.

“A recent ‘Which’ magazine survey also found that food hygiene compliance across the UK differed throughout the supply chain”

A recent survey by consumer magazine Which, found Scotland’s catering outlets to be the worst performing in the whole of the UK, in terms of food businesses that were compliant for current food hygiene legislation.

However, Forth Valley College is convinced that the raft of Royal Environmental Health Institute of Scotland (REHIS) food hygiene courses they offer can help businesses and their staff achieve the compliance they require.

The Which survey using the 2013/2014 Local Authority Enforcement Monitoring System (LAEMS) data supplied to the FSA by the UK’s 398 local authorities, reported that Scotland only attained 79% on this scale compared to England on 87% and Wales and Northern Ireland on 89%.

The magazine based their findings on:

- High and medium-risk businesses that were compliant with hygiene requirements (50%)
- Food premises that had been rated for risk (25%)
- Required interventions that had been achieved (25%)

The survey also found that food hygiene compliance across the UK differed throughout the supply chain: with 98% of primary producers such as farmers complying, 95% of transporters and distributors, 92% of restaurants and retailers, 99% of schools and colleges, 98% of catering premises and 80% of takeaways.

Diane Creed, Head of FVC’s Hospitality and Salon Services Department said:

“Now, more than ever, it pays to invest in your staff. Not only does this develop the individual but it will also add value to your business processes and ensure that you comply with Scottish legislative requirements.

“We fully recognise that all businesses must be able to justify every penny they spend on training but some of your staff may be eligible to apply for an Individual Learning Account which can help with up to £200 towards the cost of training. We are here to help and if anyone needs any advice on food hygiene and food safety courses they should give us a call.”

Visit our website at: [www.forthvalley.ac.uk/courses/bifoodanddrink](http://www.forthvalley.ac.uk/courses/bifoodanddrink) to book one of our REHIS programmes.

## Skills Development Scotland

INDIVIDUAL LEARNING ACCOUNT

### REHIS

Forth Valley College have the tools to support your business. We have a range of Food Hygiene courses specifically aimed at addressing your business legislative needs.

These include the following Legislative Courses:

- REHIS Elementary Food Hygiene
- REHIS Intermediate Food Hygiene
- REHIS Advanced Diploma in Food Hygiene
- REHIS HACCP for Caterers
- REHIS Elementary Control of Infection
- REHIS Controlling the Risk of Cross Contamination

If you would like any further information about Individual Learning Accounts before you apply please contact ILA on 0800 917 8000\*

If you have any questions, please contact us on: (01786) 406049 or email: [enquiries-hosp@forthvalley.ac.uk](mailto:enquiries-hosp@forthvalley.ac.uk)



## FORTH VALLEY COLLEGE APPRENTICES TAKE CHARGE OF NEW TRAINING WORKSHOP

Apprentices at Forth Valley College have been involved in an innovative project to build a new fully functional Industrial Electrical Maintenance Workshop at the Falkirk Campus.

The second year ECITB (Engineering Construction Industry Training Board) Maintenance Electrician Apprentices had full responsibility for designing, planning and installing the new state-of-the-art facility.

It includes enclosures with three different motor circuit panels and a fourth panel which can be used for an Introduction to Electrical Equipment in Hazardous Areas.

The training workshop can be used to develop a range of skills critical to working in industry including maintenance scenarios, fault finding, Lockout Tagout (including Permit to Work), working on motor control circuits (installation) and lighting (installation).

The apprentices were required to undertake multiple activities as part of the project. This included producing risk assessments, planning the design and construction of the workshop, identifying and purchasing materials, construction and installation of the workshop and producing detailed drawings and diagrams of the electrical layout, circuits and wiring which will be used for future learners.

The apprentices had full control of the project throughout with lecturers only providing help and support where required.

The construction of this workshop is one of many live projects taking place at

Forth Valley College which aim to help apprentices enhance their hand skills and gain relevant industrial experience. Last session, another ECITB group developed a 3 Phase Motor Trainer which will develop skills required by the oil and gas industry over and above traditional electrical training. This group was also involved in designing and building a 3 Phase Motor Control Centre to develop their practical skills.

Apprentices have also recently supported the construction of a new fully bespoke Measurement and Control Instrumentation Training Workshop at the Falkirk Campus.

This exciting new facility has all the latest instrumentation and calibration equipment including process calibrators, working rigs and a fully operational DCS Delta V System. As well as enhancing hand skills, this facility has helped the apprentices to apply theoretical knowledge from course units such as DCS and Asset Management.

It has also allowed the Department of Electrical, Instrumentation and Chemical Engineering to develop two new Higher National (HN) Skills Units with the Scottish Qualifications Authority (SQA).

Dean Williams, Head of the Electrical, Instrumentation and Chemical Engineering Department, said:

“The feedback from the apprentices regarding these projects has been very positive. They have jumped at the chance to be involved and found the experiences to be very motivational. Our workshops are industry leading and will be key training facilities for years to come and our apprentices are thrilled to say they’ve been involved. The vast range of skills gained during the projects will also be a fantastic addition for CVs.

“Hands-on projects are a vital component of training at Forth Valley College. We place a great deal of value on offering experiences that our students will be asked to undertake in industry.

“The facilities themselves will also deliver significant benefits for the College going forward as they offer industry standard, realistic working conditions for training purposes. Several employers who have used our facilities recently provided feedback that the College is now leading industry in terms of equipment available.

“Finally, the projects have also energised staff who have used their industrial experience to design the equipment to very high standards. In addition the build of the Measurement and Instrumentation Control Workshop has provided two of our Technicians, Scott Weir and John White both former HNC and HND students respectively, with the opportunity to gain practical teaching skills in the hope they will be able to progress to lecturing roles in the future, utilising their HNC knowledge.

“This has been a brilliant experience all round for everyone involved and a real example of Making Learning Work for staff, students and employers.”



# MEET THE TEAM

Each issue, **intouch** will introduce a member of the **Business Development Team** offering an insight into what their job involves and the type of support they can offer to employers.

## Richy Todd

Commercial Trainer HSE & Veterans' Champion

### Describe your role

My primary role is to teach a selection of the many commercial courses that we offer here at FVC. These include first aid, security, health and safety, and a few more too.

### What's your background?

My background just now is a wall and a radiator, only joking! I'm ex-forces. I served for 13 years in the British Army. During this time I was an instructor and this is where I gained my experience and knowledge, to run the courses that I do now. I also ran my own training company before working at the College full-time. I have been at the College as an employee since January 2014, but I originally started working here as an associate in October 2010.

### Describe a typical day at work

A typical day for me can mean teaching any of the subjects that I mentioned previously or, building relations for Forth Valley College with the Military family. This can take the form of planning events that will give the military exposure and also helping veterans integrate in civilian life. I will also dedicate time during the day to source new business and expand on existing relationships.

### What's been your biggest achievement so far?

My biggest achievement so far, whilst working with a team, is helping Forth Valley College to host its first ever Forces Resettlement event. It was brilliant seeing the event take place and also reading the excellent feedback that we received. For me, it was also a good experience to work with different College departments.

### Best thing about your job?

For me the best part of my job is meeting an array of people each week. Thankfully the vast majority of the people that I teach are very keen to learn about the subject that they've chosen and it's an enormous sense of achievement to see them demonstrating the new skills and knowledge that they've learnt.

### Describe your job in three words?

Rewarding, varied and demanding.

### Why choose training at Forth Valley College?

Due to the College's high standards and strict guidelines, I feel that we offer the best commercial training experience available. The trainers have vast experience in their fields and this makes for a more enjoyable experience too. I've also been told that I'm quite good company!

# Commercial Courses

from July - September 2015

## FIRST AID AT WORK (3 DAYS)

9am - 4pm (Falkirk Campus)

20 - 22 July

5 - 7 August

9 - 11 September

**£195**

## FIRST AID AT WORK REFRESHER

16 & 17 July

13 & 14 August

17 & 18 September

**£165**

## FIRST AID EMERGENCY

15 July

8 September

**£99**

## FIRST AID PAEDIATRIC

11 August

**£99**

**25% off room bookings for your next event**  
Quote intouch03

Call: (01786) 406097  
or email: [fvctheplace@forthvalley.ac.uk](mailto:fvctheplace@forthvalley.ac.uk)

New customers only, offer ends 31 August 2015.

## COMPEX EX01-04

20 - 24 July

27 - 31 July

3 - 7 August

17 - 21 August

24 - 28 August

31 August - 4 September

14 - 18 September

21 - 25 September

28 September - 2 October

**£995**

## COMPEX EX01-04 REFRESHER

11 & 12 August

8 & 9 September

**£525**

## CITY & GUILDS 17TH EDITION

10 - 13 August

Exam: 13 August

**£610**

## SIA DOOR SUPERVISION

21 - 24 September

**£200**

## TRAIN THE TRAINER

23 & 24 July

28 & 29 September

**£395**

## NEBOSH GENERAL CERTIFICATE

### NGC1

27 - 29 July 2015

3 & 4 August 2015

### NGC2

17 - 19 August 2015

24 & 25 August 2015

### Revision (NGC1, 2 & 3)

28 August 2015

31 August 2015

1 September 2015

### Exam

2 September 2015

**£1500**

## HEARTSTART

27 August

10 September

**FREE**

## REHIS - ELEMENTARY FOOD HYGIENE)

4 August

18 August

1 September

15 September

29 September

**£60**

**FVC**  
**Business**

Call: **0845 634 4444** or email  
**[businessdevelopment@forthvalley.ac.uk](mailto:businessdevelopment@forthvalley.ac.uk)**  
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