



- Please respect gym staff and other gym users
- Anyone using the gym must be appropriately attired
- Please wipe down all machines and equipment after use
- Please replace all equipment used and return to designated areas
- Please respect the personal space of other gym users
- Please be considerate and share machines and equipment where possible e.g. step aside between sets/rest periods
- Please only use the gym for exercising, there are a range of other spaces across our campuses for meeting socially
- No food or drinks are allowed in the gym (cans, fizzy juice, etc.), water fountains are provided
- We would appreciate if you could refrain from speaking on the phone whilst in the gym
- Be aware of taking photos and selfies and capturing other gym users in the background